

ANOUSHKA JOLLY

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EDUCATION

Pathways School, Gurugram - Grades 11 & 12 IBDP

2013- Present

Coursework: HL: Mathematics AI, Psychology, Theatre | SL: Biology, Spanish B, English A: Language & Literature

Grade 10: 54/56

Grade 11: 37/42

Grade 12 (Predicted): 43/45

STANDARDIZED TESTS

SAT - 1550 (Reading and Writing: 750; Math: 800)

AWARDS AND HONORS

- Bal Puraskar (National Child Award) - Conferred by the President of India and the Ministry of Women & Child Development, the nation's highest civilian honor for children.
- Honor Roll, MYP (Score: 54/56) - Recognized for academic excellence and consistent performance.
- Guest Speaker, IB Global Conference 2024 (South Korea) - Invited to share insights on student leadership and wellbeing initiatives.
- Letter of Appreciation, Ministry of Education (Delhi) - Felicitated for contributions to good governance and anti-bullying advocacy.
- Top 40 Youth Icons of India (2021) - Recognized by the Ministry of Culture, Government of India, for leadership in youth advocacy.
- Selected to be a Top 30 Nominee for the International Children's Peace Prize 2025
- Dell "Doing Good Hero" Award - Honored for "Anti-Bullying Squad" and "Project Kavach," promoting digital safety and mental health.

LEADERSHIP & INITIATIVES

Founder - Anti-Bullying Squad

2019 - Present

- Led 100+ student-focused workshops on bullying and resilience-building, empowering 2M+ students across 20K+ schools.
- Collaborated with Bramble Network, Routes2Roots, and Bhumi NGO to expand the scale and effectiveness of adolescent mental health and anti-bullying programs.
- Featured in international media such as South China Morning Post, Economic Times, Brut, CNBC, and Times of India for leadership in youth advocacy and anti-bullying reform.

Lead Innovator & Educator - Kavach App

2023 - Present

- Led a 30-member team to build and scale a youth-driven mental health platform, promoting awareness, accessibility, and early intervention.
- Collaborated with 3 licensed psychologists to curate and review all platform content - including videos, articles, and resources to ensure credibility, sensitivity, and accessibility for young audiences.
- Secured over \$36K in combined funding - \$5.6K (Shark Tank India), \$3K (IB Global Youth Fund), \$25K (Microsoft Azure credits), and \$2.7K (Rajasthan Govt. grant) to scale operations and expand platform access.

Author - Anny's Band of Brave

2024

- Authored a Manga comic exploring how empathy, peer support, and emotional regulation can counter bullying among teens.
- Launched by the Ministry of Education, Delhi, and distributed to 10 schools, where it is used as a mental health and classroom learning tool to promote emotional awareness.

Educator and Course Creator - Bullying Deep Dive

2022

- Developed and taught a 10-module online course on Teachable and YouTube, combining peer scenarios and reflection tools to build emotional intelligence.

- Reached over 1K learners nationally and internationally, fostering awareness and actionable strategies for bullying prevention.

Independent Speaker and Panelist

2020 - Present

- Invited to speak on bullying and adolescent mental health at leading forums, including the World Education Summit, HundrED Spotlight on Wellbeing, We The Women Townhall, Great Place To Study Educational Excellence Conference, and Saajhi Samajh Conference by Tech Mahindra.
- Delivered talks in partnership with Girl Up (UN), Teach For India, The Body Shop, IDfy, TiE Global, Baret Scholars, and academic institutions such as Hindu College, SRCC, Delhi University, GIBS, and IPEC.

INTERNSHIPS

Youth Advisor, Niti Aayog

2023 - Present

- Delivered talks on school-based support systems for adolescents and highlighted systemic gaps.
- Developed India's first National Mental Health Framework for schools.

Brand Ambassador, Harper Collins India - "Wellbeing for Kids" Series

2023 - Present

- Served as the only Indian high schooler representative to develop globally recognized social-emotional learning (SEL) materials.
- Produced 5 educational videos on adolescent wellbeing and parenting, covering self-compassion, journaling, and cognitive reframing, amassing 150K+ views nationwide.

RESEARCH

Independent Researcher

2024 - 2025

- Explored how bullying influences emotional regulation, defence mechanisms, and resilience among adolescents.
- Analyzed psychological coping frameworks such as avoidance, rationalization, and emotional suppression through quantitative and qualitative data.
- Highlighted correlations between victimization and adaptive vs. maladaptive coping behaviors, offering recommendations for school-based mental health interventions.
- Published the paper in the *International Journal of Indian Psychology* and was awarded CREST Gold for research excellence in adolescent wellbeing.

COMMUNITY ENGAGEMENT

Good Governance Advocate

2024 - 2025

- Filed 50 Right to Information (RTI) petitions investigating institutional responses to school bullying.
- Reviewed 700+ government replies, revealing systemic gaps and a severe shortage of counselors in public schools.
- Led an advocacy campaign recognized by the Ministry of Education and Delhi High Court Justice J.R. Midha for advancing school wellbeing policy.

STUDENT GOVERNMENT

Student Body Vice President

2023 - Present

- Established institutional SOPs addressing substance abuse prevention and response.
- Spearheaded inaugural editions of the school's TEDx event and inter-school music festival.
- Reformed student governance by conducting a school-wide survey and introducing transparent feedback mechanisms for policy decisions.